


Home coming to companionship with Antara Senior Living

 ur homes are, undoubtedly, the first human connection we form with the outside world when we are born.

The smell of the soil, the air we breathe, the neighborhood in which we shared our joys and sorrows, are priceless memories which stay with us forever. Distance makes the heart grow fonder, and who understands this more than the people who have left their motherland India in pursuit of higher education, better career opportunities or for any other reason. Yet, they feel a sense of belonging for their motherland. The longing of returning is strong, but the comfort and security of the developed geography where they reside seems too lucrative to be given up.

If only there could be a place, a community, which is the best of both worlds, within India but of international standards! A place of care, of service, of ease and comfort and joy, where the mundane needs of existence are looked after while one is free to enjoy one's life.

Antara Senior Living offers just that. A part of the Max India Group, Antara

offers a perfect combination of 'Lifestyle with Lifecare' at its lush green 14 acres residential community at Purukul on way from Dehradun to Mussoorie.

Senior living is a popular concept in the Western world, and India is still warming up to it. For long, accommodations and offerings for seniors in India have focussed only on the physical hardware elements, whereas for Antara, service is the bedrock of its complete proposition.

With a dedicated, service-centered workforce of over 300 people catering to a resident's every need – they will no longer have to think about the day-to-day worries of living on their own. Instead, they can focus on healthy and active living by enriching their minds, bodies and spirits and immersing themselves in yoga and Pilates classes at the world-class studio or working out with personal trainers at the state-of-the-art gymnasium. Residents can also make use of the holistic spa, the gorgeous putting green, watch movies in the 50-seater private theatre, peruse the well-stocked library or stroll through the leafy conservatory.



Recognising that each and every resident has individual likes and dislikes, needs and demands – the Antara experience is a precisely tailored one. Residents have innumerable choices, from over 200 beautiful apartments at 1400 - 11000 square feet ranging from \$2,50,000 to \$1.8 mn, to a wide gamut of activities at the 50,000 square foot clubhouse, to





personalized meal planning with top notch chefs and dieticians and carefully crafted customized care with personalized wellness counsellors at the health centre.

With a monthly service charge ranging from \$600 to \$2000, these options give residents the tools to continue living their lives in exactly the manner they have grown accustomed to.

The design philosophy centers on the principle of specific and customized design interventions, so that residents can lead a fulfilling, enjoyable and enriching lifestyle. Be it the landscaping, carefully customized lighting or universal step-free access, the Antara Dehradun community is replete with details that increase the quality of life.

Antara has partnered with globally acclaimed and well renowned firms i.e. Shapoorji Pallonji Engineering and Construction- India's oldest and leading construction firm, Perkins Eastman, New York – One of the largest and most respected design and architecture firms in the world credited with building award winning senior living communities across the globe, Esteva I Esteva Arquitectura, Spain- An international architecture and interior design firms, known for its ability and artistry of working at many different scales.

Nestled in Dehradun, which has seven flights a day from Delhi and good connectivity from other main cities like Mumbai, Kolkata, Bangalore, the Antara community is an hour's drive from the airport and is set amongst verdant greenery. It is flanked by an evergreen, protected Sal forest on one end and River Tons on the other with magnificent views of the Mussoorie hills as a backdrop.

A unique Lifetime Lease advantage has been created for residents to optimally balance two objectives – firstly, ensuring that like-minded individuals over the

age of sixty live in the community and secondly, making it financially viable for the residents. Antara will help release the apartment if a resident has to leave the community for any reason. The appreciation value of the apartment during this re-lease will be given to the resident post deduction of administrative charges.

As part of the continuing care proposition, Antara has partnered with Max Healthcare and in specific the Max Super Specialty Hospital in Dehradun, to create a unique health and wellness offering so that residents no longer have to worry about their health and can lead an enriching and enjoyable life without any hassles.

Antara is equipped to meet life's changing needs. From carefully customized landscaping and lighting to universal step-free access, the community provides powerful tools to increase the quality of life. For Indian's living abroad who find moving back to India a daunting task, Antara is the perfect solution: the highest quality of life in one of India's loveliest settings.

To know more about Antara Senior Living, visit www.antaraseniorliving.com, email at contactus@antaraseniorliving.com, call at + 919810002432.

